

# Tregolls Academy



## Summer 2 - Week 1

### Head of School Message

The children have settled well back into school with lots of positive behaviour choices and excellent learning taking place. It was lovely to meet some of our new reception parents yesterday and we look forwards to their children joining us at Tregolls in September. We still have nursery spaces available for September, if you know any families in the area who are not able to access a nursery setting, we would love to speak with them.

Over the next two weeks our Year 1 and Year 4 pupils will be taking part in their phonics screening check and the multiplication check. They have worked really hard to prepare for this. It is essential that your child is in school every day so that we can ensure that this takes place.

Next week we have a number of exciting sporting opportunities with our Year 5 children going to Carn Brea for the Aspire games, the girls football team have a match and our Year 4 children (Cober Class) are heading for a Tennis tournament at Penair.

Have a lovely weekend.  
Mr Rees

### Diary Dates

- Year 5 Aspire School Games at Carn Brea - **Wednesday 11<sup>th</sup> June**
- Summer Fete 15:15 - 17:00 - **Thursday 12<sup>th</sup> June**
- Swimming lessons for Year 6 - **Week of 16<sup>th</sup> June**
- Swimming lessons for Year 4 - **Week of 23<sup>rd</sup> June**
- Health and Safety student rep day - **Wednesday 18<sup>th</sup> June**
- Fal class assembly - **Thursday 19<sup>th</sup> June at 14:30**

### Learning of the Week



Truro class trip to the Hall for Cornwall before half term to watch Horrible Histories - Awful Egyptians in preparation for the new Ancient Egypt history unit this term!

## Celebration Certificates

Reception Gannel Class - **Leo**  
 Year 1 Fal Class – **Elisia**  
 Year 2 Camel Class - **Cruz**  
 Year 3 Truro Class - **Aurelia**  
 Year 4 Hayle Class – **Jayden**  
 Year 4/5 Cober Class – **Kaila C**  
 Year 5 Fowey Class – **Sky**  
 Year 6 Lerryn Class – **Olivia**  
 ARB Kenwyn Class – **Logan**

## TT Rockstars Tournaments

Fal Class vs Camel Class –  
**Fal** 🏆

Truro Class vs Cober Class vs  
 Hayle Class –  
**Hayle Class** 🏆

Fowey Class vs Lerryn Class -  
**Fowey Class** 🏆

## Attendance Matters

EYFS Gannel Class – **96.89%**  
 Year 1 Fal Class – **95.41%**  
 Year 2 Camel Class – **95%**  
 Year 3 Truro Class – **97.80%** 🏆  
 Year 4 Hayle Class – **88.82%**  
 Year 4/5 Cober Class – **97.35%**  
 Year 5 Fowey Class – **97.70%**  
 Year 6 Lerryn Class – **92.21%**  
 ARB Kenwyn Class – **81.82%**

## Lighthouse Points



111

111



94

94



92

92



108

108

# Tregolls Academy



## Contact Information

**01872 274020**

**hello@tregolls.org.uk**

**Tregolls Academy Website**

## School Lunches

School lunches are available for all pupils and bookable via the ParentPay website.

School lunches cost £2.70 per meal or use the FSM application to see if your child is eligible for free school meals via our website.

If you require guidance, please speak to the office.

## School uniform

School uniform can be purchased via Keywear Uniform shop in Truro:

**1 Church Walk, Truro TR1 1JH**

If you would to purchase second hand uniform please contact friends of Tregolls at **friendsoftregolls@gmail.com**

## Wraparound Care

Tregolls Academy offers Breakfast club and Afterschool wraparound for pupils from Reception to Year 6.

**Breakfast club** starts from 7:45am to 8:45am for £5 per session.

**After school care** has the following options:

- 3:15pm - 4:15pm for £5
- 3:15pm - 5:30pm for £10

These are bookable via the

**ParentPay Website.**

## Sickness and Absences

Please report your child's absence before 9am by leaving a message on option 1 or calling/emailing the school.

If your child will be off again the following day, we will require you to notify the school for their progress.

## Inset Days

No more for this academic year.



# ECB NATIONAL PROGRAMMES IN CORNWALL

 **Castle Field, St Erme  
Cricket Club, TR4 9JQ**

\* Assistance funding available for  
children eligible for Pupil  
Premium [bit.ly/3JTaBJ8](https://bit.ly/3JTaBJ8)

**FOR MORE INFORMATION**

[www.allstarscricket.co.uk](http://www.allstarscricket.co.uk)  
[www.dynamoscricicket.co.uk](http://www.dynamoscricicket.co.uk)

[bit.ly/DynamosStErme](https://bit.ly/DynamosStErme) 

**Fri 9 May – Fri 4 July**

**St Erme CC**

**Fri 10 May - Fri 05 Jul 2024**

**18:30 - 20:00**

[bit.ly/AllStarsStErme](https://bit.ly/AllStarsStErme)



**St Erme CC**

**Fri 10 May - Fri 05 Jul 2024**

**18:30 - 19:30**

**Fri 9 May – Fri 4 July**



**Contact:**

**Nick Cole**

**T:07871743137**

**E:[stermecricketsecretary](mailto:stermecricketsecretary@hotmail.com)**

**@hotmail.com**

**[bit.ly/StErmeCricket](https://bit.ly/StErmeCricket)**





## Bitesize Parenting

Bitesize parenting workshops are weekly 2-hour sessions delivered by our parenting team to support on a wide range of topics. Turn over for more information about what each topic covers. Please book on by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

### Workshop Dates:

| Date                           | Time        | Topics   |
|--------------------------------|-------------|--|
| Tuesday 22 <sup>nd</sup> April | 09:30-11:30 | Supporting Healthy Relationships                   |
| Monday 28 <sup>th</sup> April  | 18:00-20:00 | Solihull Approach workshop for parents (ages 0-11) |
| Tuesday 29 <sup>th</sup> April | 09:30-11:30 | Solihull Approach workshop for parents (ages 0-11) |
| Tuesday 6 <sup>th</sup> May    | 09:30-11:30 | Remaining Calm                                     |
| Monday 12 <sup>th</sup> May    | 18:00-20:00 | Supporting Healthy Relationships                   |
| Tuesday 13 <sup>th</sup> May   | 09:30-11:30 | Supporting Education and School                    |
| Monday 19 <sup>th</sup> May    | 18:00-20:00 | Technology and Safety                              |
| Tuesday 20 <sup>th</sup> May   | 09:30-11:30 | Sibling Rivalry and Conflict                       |
| Monday 2 <sup>nd</sup> June    | 18:00-20:00 | Praise and Rewards                                 |
| Tuesday 3 <sup>rd</sup> June   | 09:30-11:30 | Introduction to the Teenage Brain                  |
| Monday 9 <sup>th</sup> June    | 18:00-20:00 | Remaining Calm                                     |
| Tuesday 10 <sup>th</sup> June  | 09:30-11:30 | Technology and Safety                              |
| Monday 16 <sup>th</sup> June   | 18:00-20:00 | Special Time with your Child                       |
| Tuesday 17 <sup>th</sup> June  | 09:30-11:30 | Supporting Healthy Relationships                   |
| Monday 23 <sup>rd</sup> June   | 18:00-20:00 | Introduction to the Teenage Brain                  |
| Tuesday 24 <sup>th</sup> June  | 09:30-11:30 | Solihull Approach workshop for parents (ages 0-11) |
| Monday 30 <sup>th</sup> June   | 18:00-20:00 | Routines and Boundaries                            |
| Tuesday 1 <sup>st</sup> July   | 09:30-11:30 | Special Time with your Child                       |
| Monday 7 <sup>th</sup> July    | 18:00-20:00 | Sibling Rivalry and Conflict                       |
| Tuesday 8 <sup>th</sup> July   | 09:30-11:30 | Praise and Rewards                                 |
| Monday 14 <sup>th</sup> July   | 18:00-20:00 | Supporting Education and School                    |
| Tuesday 15 <sup>th</sup> July  | 09:30-11:30 | Routines and Boundaries                            |
| Monday 21 <sup>st</sup> July   | 18:00-20:00 | Supporting Healthy Relationships                   |
| Tuesday 22 <sup>nd</sup> July  | 09:30-11:30 | Remaining Calm                                     |

To book scan the QR code or visit:  
[Bitesize Parenting Sessions \(office365.com\)](http://office365.com)







**Early Help Hub**

The right help  
At the right time  
By the right service

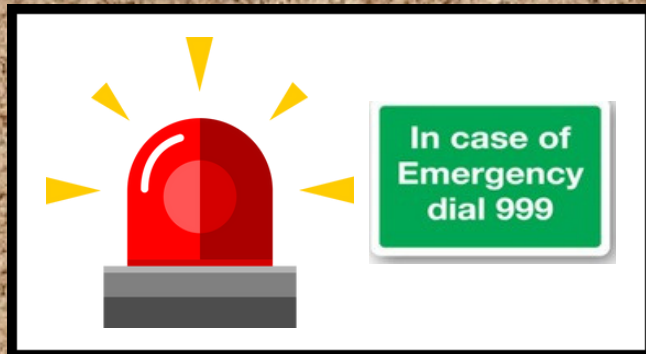
**What does the Early Help Hub do?**

- The Early Help Hub is the single point of access for professionals, families and young people to access Early Help Services in Cornwall
- The triage team decides which Early Help service best meets the needs identified in the request for help. It is then allocated to the appropriate service within 48 hours
- Support is provided: from pre-birth up to the age of 18, (or 25 when young people have additional needs) when the child, young person or family has needs that are not met solely by universal services

+44 01872 322277  
earlyhelp@cornwall.gov.uk  
www.cornwall.gov.uk/earlyhelp

The Hub is open Monday to Thursday 8.45 am to 5.15 pm and Fridays 8.45 am to 4.45 pm. The Hub is closed on Bank Holidays.

Cornwall Partnership NHS Foundation Trust NHS Together for Families in Cornwall CORNWALL COUNCIL



**HERE TO HELP**  
CLICK ON EACH IMAGE FOR THEIR WEBSITE

**Are you worried about a child or young person?**

If you think a child or young person might be suffering neglect or abuse contact the Multi Agency Referral Unit (MARU)

**If you see something, say something**

0300 1231 116  
multiagencyreferralunit@cornwall.gov.uk

Whilst you may be concerned about involving our services, we do more than check up on children and young people's welfare.  
If a family is struggling, we can organise early help and support for them, before any problems become harder to solve.

What information do I need to give?  
The more detail you are able to provide, the better we will be able to help.  
If you have noticed that something wrong, other people might have too. A teacher, health visitor or other person that knows the family might have already alerted us, and your knowledge might fill in some missing information that can help.

CORNWALL COUNCIL Together for Families

When life is tough, we're here to listen

**SAMARITANS**

Call us free 24/7 on  
**116 123**  
samaritans.org

**Household Support Fund**

www.cornwall.gov.uk/costofliving

**YOUNGMINDS**  
The voice for young people's mental health and wellbeing

Parents Helpline: 0808 802 5544  
Website: [www.youngminds.org.uk](http://www.youngminds.org.uk)  
@YoungMindsUK

**SAFER FUTURES** Ending Abuse in Cornwall & Isles of Scilly.

In partnership with  
Believe in children  
Barnardo's  
SAFER CORNWALL  
Kernow Salwa

FIRST LIGHT

**0300 777 4777**  
MON TO FRI: 9AM- 9PM  
SAT: 9AM - 5PM



# MENTAL HEALTH SUPPORT TEAM - MHST



Parents and Carers  
Please join us for a  
5 session online  
workshop for  
**Behaviour as  
Communication**  
- Parent support

Various morning and  
afternoon sessions available  
starting week commencing  
9 June 2025 , please select  
when you sign up. Please note  
you will be signed up to the  
same day and time for the  
duration of the workshop.

This workshop provides  
parents with practical  
strategies to foster  
positive behaviour and  
communication at  
home.

TO BOOK A PLACE PLEASE COMPLETE THE ONLINE FORM HERE  
[HTTPS://FORMS.OFFICE.COM/E/BVHDPYUCQA](https://forms.office.com/E/BVHDPYUCQA)

OR SCAN THE QR CODE BELOW



This workshop is open to  
parents/carers of  
primary aged children  
enrolled in Reception to  
Year 6 in any school in  
Cornwall





# FUEL YOUR... LITTLE HEROES!



Dear parent/guardian,

As you may be aware your child's school has a milk scheme, administered by Cool Milk. Mid-morning milk provides a much-needed nutritional boost and keeps children hydrated between breakfast and lunch. Children receive free milk until the age of 5. After that, they can continue to reap the benefits of fresh mid-morning milk at a subsidised\* cost.

If you'd like to opt in and have not already done so, simply register your child at [www.coolmilk.com/register](http://www.coolmilk.com/register). Your child(ren) will continue to receive free milk whilst under the age of 5 and Cool Milk will get in touch with further information by email shortly before their 5th birthday.

For children who are already over 5, it's not too late – our scheme is flexible! As well as being able to register and make payment straight away, you can join and cancel the scheme at any time. We offer yearly, termly and half termly payment periods and a recurring payment option to give you one less thing to remember.

If you already have an online Cool Milk account for a sibling, you can manage your account, make payment and add extra children by logging in at [www.coolmilk.com/parents](http://www.coolmilk.com/parents).

Should you have any questions or need any help, send us a message at [www.coolmilk.com/contact](http://www.coolmilk.com/contact) or give us a call on the number listed below – we're here to help!

Kind regards,

*Cool Milk*

☐ : 0800 321 3248  
☐ : [www.coolmilk.com](http://www.coolmilk.com)



SCAN TO REGISTER

\*Milk for under-5s is fully funded by DHSC via the Nursery Milk Scheme. Milk for over-5s is subsidised by Defra via the School Milk Scheme.

# Online Safety Newsletter

June 2025

## Virtual Reality (VR)

VR is a 3D computer generated environment that users can explore wearing a VR Headset.

### Meta Quest Parental Controls

Meta Quest are one of the more popular VR Headsets. Users aged 13+ can use Meta Quest (children between 10 and 12 years old can use it through a parent managed account). *Meta Quest state that VR Headsets are not recommended for use by younger or smaller-sized children for a variety of reasons including eye strain.* Optional supervision tools are available for those aged 13–17. Find out more here: <https://familycenter.meta.com/uk/our-products/horizon-and-quest/>

Meta Quest has a Safety Centre; it includes health and safety warnings and how to set privacy settings. <https://www.meta.com/gb/quest/safety-center/>

### Gorilla Tag

This is a popular game and whilst rated as PEGI 3 (even though young children should not be using VR), it is important to note that it does include in app purchases and players can interact so there is a risk of offensive/inappropriate language. <https://www.esrb.org/blog/a-parents-guide-to-gorilla-tag/>

### What can I do?

- Check what games your child is accessing and make sure they are appropriate.
- Play together.
- Set time limits and ensure plenty of breaks.

### Further information:

- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/virtual-reality-headsets/>

## Online Privacy

It is important to develop an understanding of how you can protect your child's privacy online. Any personal information shared online creates a digital footprint and it is vital that we control who sees what.

### What are Privacy settings?

Privacy settings are tools available on most social media apps, websites, and games. They allow users to control who can view what they share online.

### What can we do to support our children with their online privacy?

**Talk to your child regularly:** Talk to your child about what is personal information and to think about what they share online. Personal information includes their name, address, current location and the school they attend. This also includes information within photos or videos that they may share, for example does it show their current location?

**Apply appropriate privacy settings:** For any app, game or device that your child uses, check the privacy settings and apply them as appropriate. For example:

- Check if their location is being shared.
- Check who can tag them in posts (as what others tag them in can also affect their digital footprint).
- Check who can share their content.

Check these settings regularly as new options may become available or sometimes updates can change previous settings.

**Children learn from us:** Think about what you are sharing online – do you share photos of your child in their school uniform or their current location?

**Set strong/complex passwords:** Teach your child to create strong/complex passwords and to never share them with others.

**Search their name** – search their name in a search engine to see what information can be seen about your child. Remind your child that they can delete any information that they no longer want others to see.

### Further Information

- <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/taking-care-your-digital-footprint/>
- <https://www.unicef.org/parenting/child-care/online-privacy>
- [https://www.ceopeducation.co.uk/11\\_18/lets-talk-about/online-safety/privacy-settings/](https://www.ceopeducation.co.uk/11_18/lets-talk-about/online-safety/privacy-settings/)

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**FRIENDS OF TREGOLLS**

**SUMMER FETE**

**12<sup>TH</sup> JUNE 2025  
3.15PM - 5PM**



**RAFFLE, TOMBOLA, CHOCOLATE TOMBOLA,  
GAMES, WINE OR WATER, REFRESHMENTS,  
TOY STALL, LUCKY DIP**



# Songtreats

# Music Club

excellent music education experiences

# 3 days of musical

## activities for children

**to inspire and motivate**

## Cornwall's budding musicians

Ensembles, composition, improvisation, music games, creativity, jam sessions, performances and loads of fun



9am until 3pm 29<sup>th</sup> to 31<sup>st</sup> July 2025

## BOOK NOW

## FOR KEY STAGE 2

£120 for 3 days or £42.75 per day

In partnership with Cornwall Music Service Trust

Hosted at the Truro School Music Block, Trennick Ln, Truro TR1 1TH

songtreats.com