

# Tregolls Academy



## Spring Term 1 - Week 3

### Head of School Message

This week has been a week of firsts! Our school football team won their FIRST match of the season. We are very proud of their continued determination to get better and improve. Mr Barber arranged a visit to Plymouth Argyle for our FIRST big experience of the year. Despite the result it was a lovely event and the children were excellent representatives for the school. Our Year 4 Athletics team went to Penair and came FIRST overall beating the other teams that took part!

Sport is an incredible way of allowing children to grow and develop. This week over 80 different children have represented the school in Football or athletics. We want to continue to make sure that every child has the chance to do this, either at a club or an event.

Have a lovely weekend.  
Mr Rees

### Diary Dates

- Gannel Class Assembly - **Thursday 30th January 2025 at 2:30pm**
- Fowey Class Assembly - **Tuesday 4th February 2025 at 2:30pm**
- London Year 6 residential parent meeting - **Wednesday 5th February at 3:30pm**
- Cober Class Assembly - **Thursday 13th February 2025 at 2:30pm**
- Valentines Silent Disco for Reception through to Year 6 - **Thursday 13th February 2025**
- INSET Day (school closed to pupils) - **Friday 14th February 2025**

### Learning of the Week



**A massive well done to these superstars who competed brilliantly against Chacewater and came out with a well deserved win! The team displayed resilience and determination throughout the game.**

**Thank you to all of the parents/carers who cheered the team on! Your support is massively appreciated.**

**Missing from photo: James & Oskar #TeamTregolls**

## Celebration Certificates

Reception Gannel Class - **Aria**  
Year 1 Fal Class – **Elaina**  
Year 2 Camel Class – **Fred**  
Year 3 Truro Class – **Alex**  
Year 4 Hayle Class – **Johan**  
Year 4/5 Cober Class – **Tamir**  
Year 5 Fowey Class – **Jake.P**  
Year 6 Lerryn Class – **Lola**  
ARB Kenwyn Class – **Ron**

## TT Rockstars Tournaments

Camel Class vs Truro Class –  
**Truro Class** 🏆

Cober Class vs Hayle Class –  
**Cober Class** 🏆

Fowey Class vs Lerryn Class -  
**Lerryn Class** 🏆

## Attendance Matters

EYFS Gannel Class –94.2%  
Year 1 Fal Class –83.52%  
Year 2 Camel Class –89.95%  
Year 3 Truro Class –97.44%  
Year 4 Hayle Class -97.58% 🏆  
Year 4/5 Cober Class –95.56%  
Year 5 Fowey Class -94.25%  
Year 6 Lerryn Class - 88.22%  
ARB Kenwyn Class - 82.47%

## Lighthouse Points



666

949



645

1014



513

858



538

863

# Tregolls Academy



## Contact Information

01872 274020

[hello@tregolls.org.uk](mailto:hello@tregolls.org.uk)

[Tregolls Academy Website](#)

## School Lunches

School lunches are available for all pupils and bookable via the ParentPay website.

School lunches cost £2.70 per meal or use the FSM application to see if your child is eligible for free school meals via our website.

If you require guidance, please speak to the office.

## School uniform

School uniform can be purchased via Keywear Uniform shop in Truro:

**1 Church Walk, Truro TR1 1JH**

If you would to purchase second hand uniform please contact friends of Tregolls at [friendsoftregolls@gmail.com](mailto:friendsoftregolls@gmail.com)

## Wraparound Care

Tregolls Academy offers Breakfast club and Afterschool wraparound for pupils from Reception to Year 6.

**Breakfast club** starts from 7:45am to 8:45am for £5 per session.

**After school care** has the following options:

- 3:15pm - 4:15pm for £5
- 3:15pm - 5:30pm for £10

These are bookable via the **ParentPay Website.**

## Sickness and Absences

Please report your child's absence before 9am by leaving a message on option 1 or calling/emailing the school.

If your child will be off again the following day, we will require you to notify the school for their progress.

## Inset Days

- Friday 14th February 2025
- Friday 4th April 2025
- Monday 2nd June 2025

# MENTAL HEALTH SUPPORT TEAM - MHST



Parents and Carers -  
please join us at our  
1hr online  
Sleep Workshop

Monday 3rd February - 11am & 4pm  
Tuesday 4th February - 9.30am & 2pm  
Wednesday 5th February - 9.30am &  
1.30pm  
Thursday 6th February - 11am &  
1.30pm



*This workshop aims to provide  
psychoeducation on sleep hygiene  
and sleep routines. Also includes  
practical strategies for helping  
children*

To book a place please complete  
the online form [HERE](#)

<https://forms.office.com/e/7ac7qHLPbc> or scan the QR code



This workshop is open to parents/carers of  
primary aged children enrolled in Reception  
to Year 6 in any school in Cornwall

**ChildLine**  
0800 1111

**LATEST JOBS**

**CORNWALL COUNCIL**

[www.cornwall.gov.uk/careers](http://www.cornwall.gov.uk/careers)



**Early Help Hub**

The right help  
At the right time  
By the right service

**What does the Early Help Hub do?**

- The Early Help Hub is the single point of access for professionals, families and young people to access Early Help Services in Cornwall
- The triage team decides which Early Help service best meets the needs identified in the request for help. It is then allocated to the appropriate service within 48 hours
- Support is provided: from pre-birth up to the age of 18, (or 25 when young people have additional needs) when the child, young person or family has needs that are not met solely by universal services

+44 01872 322277  
[earlyhelp@cornwall.gov.uk](mailto:earlyhelp@cornwall.gov.uk)  
[www.cornwall.gov.uk/earlyhelp](http://www.cornwall.gov.uk/earlyhelp)

The Hub is open Monday to Thursday 8.45 am to 5.15 pm and Fridays 8.45 am to 4.45 pm. The Hub is closed on Bank Holidays.

Cornwall Partnership NHS Foundation Trust | Together for Families in Cornwall | CORNWALL COUNCIL

**In case of Emergency dial 999**

**NSPCC HELPLINE**

0808 800 5000  
[help@nspcc.org.uk](mailto:help@nspcc.org.uk)

**Young People Cornwall**

**HERE TO HELP**  
CLICK ON EACH IMAGE FOR THEIR WEBSITE

**Are you worried about a child or young person?**

If you think a child or young person might be suffering neglect or abuse contact the Multi Agency Referral Unit (MARU)

**If you see something, say something**

☎ 0300 1231 116  
✉ [multiagencyreferralunit@cornwall.gov.uk](mailto:multiagencyreferralunit@cornwall.gov.uk)

Whilst you may be concerned about involving our services, we do more than check up on children and young people's welfare.  
If a family is struggling, we can organise early help and support for them, before any problems become harder to solve.

What information do I need to give?  
The more detail you are able to provide, the better we will be able to help.  
If you have noticed that something wrong, other people might have too. A teacher, health visitor or other person that knows the family might have already alerted us, and your knowledge might fill in some missing information that can help.

**CORNWALL COUNCIL** Together for Families

When life is tough, we're here to listen

**SAMARITANS**

Call us free 24/7 on  
**116 123**  
[samaritans.org](http://samaritans.org)

**Household Support Fund**

[www.cornwall.gov.uk/costofliving](http://www.cornwall.gov.uk/costofliving)

**YOUNGMINDS**  
The voice for young people's mental health and wellbeing

Parents Helpline: 0808 802 5544  
Website: [www.youngminds.org.uk](http://www.youngminds.org.uk)  
@YoungMindsUK

**0300 777 4777**  
MON TO FRI: 9AM - 9PM  
SAT: 9AM - 5PM

**SAFER FUTURES** Ending Abuse in Cornwall & Isles of Scilly.

In partnership with  
**FIRST LIGHT** **Barnardo's** **SAFER CORNWALL**  
Kernow Salwa



# Community News



## **1<sup>st</sup> Truro (Methodist) Cub & Scout Group**

Looking for something new to try in 2025?

Ever wondered what Cubs & Scouts get up to each week?

1<sup>st</sup> Truro (Methodist) Scout Group are holding an open session for children & parents/carers who are interested to know what goes on during our evening meetings and beyond!

Come along to Truro Methodist Church (18 Union Place, TR1 1EP) on  
Wednesday 29<sup>th</sup> January from 1830-2000  
& meet the Cubs, Scouts and Leaders.  
Join in and have some fun!

For any questions, please message Jodi (Group Secretary) on 07790552686.



Friends of Tregolls

# **VALENTINE'S**

*silent disco*

Reception & Key Stage 1 - 3:30pm to 4:15pm

Key Stage 2 - 4:30pm to 5:30pm

**SNACKS | DJ | DANCE**

Thursday 13th February 2025

£3 on the door