

Tregolls Academy



Summer 1 - Week 5

Head of School Message

We reach the end of another frantic and fun filled half term. We have had children: visit the aquarium, compete in a cricket and football tournament, go on a walk to the woods, visit the Eden project and meet an author, go to the hall for Cornwall and have a visit from a local artist. Our aims are to provide our children with a curiosity to make the most of the experiences that we give them.

Thank you for all of the parents who came and supported the sports day and well done to all of the children who competed in the various different races (my legs are still aching a little from the teachers race.)

A reminder that we come back to school after half term on Tuesday 3rd June.

Have a restful and relaxing half term.

Mr Rees

Diary Dates

- Half Term - **26th - 30th May**
- Inset Day - **Monday 2nd June**
- Swimming lessons for Year 6 - **Week of 16th June**
- Swimming lessons for Year 4 - **Week of 23rd June**
- Fal class assembly - **Thursday 19th June at 14:30**
- New afterschool clubs starting the week of 9th June - Will be set up on Arbor when we return.

Learning of the Week



Super mathematicians recalling all times table facts in under 4 seconds!



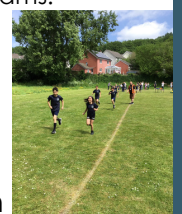
ARB welcomed back the fabulous artist Rhiannon from Falmouth Art Gallery.



Truro class designed and created their own t-shirts to raise awareness about plastic pollution.



A group of year 4's attended a tournament at Helston Cricket club along with 15 other teams!



The winners: Pendeen Sports Day 2025

Celebration Certificates

Reception Gannel Class - **Isyla-Rose**
Year 1 Fal Class – **Araya**
Year 2 Camel Class - **Jenny**
Year 3 Truro Class - **Amelia**
Year 4 Hayle Class – **Elsie**
Year 4/5 Cober Class – **Katelyn**
Year 5 Fowey Class – **Oceana**
Year 6 Lerryn Class – **Shay and Michael**
ARB Kenwyn Class – **Evie**

TT Rockstars Tournaments

Fal Class vs Camel Class –
Both - a draw! 🏆

Truro Class vs Cober Class vs
Hayle Class –
Hayle Class 🏆

Fowey Class vs Lerryn Class -
Fowey Class 🏆

Attendance Matters

EYFS Gannel Class – **96.14%**
Year 1 Fal Class – **94.44%**
Year 2 Camel Class – **97.78%** 🏆
Year 3 Truro Class – **85.47%**
Year 4 Hayle Class – **95.65%**
Year 4/5 Cober Class – **95.88%**
Year 5 Fowey Class – **93.91%**
Year 6 Lerryn Class – **86.87%**
ARB Kenwyn Class – **93.94%**

Lighthouse Points



211

912 🏆



216 🏆

892



120

693



148

730

Tregolls Academy



Contact Information

01872 274020

hello@tregolls.org.uk

Tregolls Academy Website

School Lunches

School lunches are available for all pupils and bookable via the ParentPay website.

School lunches cost £2.70 per meal or use the FSM application to see if your child is eligible for free school meals via our website.

If you require guidance, please speak to the office.

School uniform

School uniform can be purchased via Keywear Uniform shop in Truro:

1 Church Walk, Truro TR1 1JH

If you would to purchase second hand uniform please contact friends of Tregolls at **friendsoftregolls@gmail.com**

Wraparound Care

Tregolls Academy offers Breakfast club and Afterschool wraparound for pupils from Reception to Year 6.

Breakfast club starts from 7:45am to 8:45am for £5 per session.

After school care has the following options:

- 3:15pm - 4:15pm for £5
- 3:15pm - 5:30pm for £10

These are bookable via the **ParentPay Website.**

Sickness and Absences

Please report your child's absence before 9am by leaving a message on option 1 or calling/emailing the school.

If your child will be off again the following day, we will require you to notify the school for their progress.

Inset Days

- **Monday 2nd June 2025**

ECB NATIONAL PROGRAMMES
IN CORNWALL

 **Castle Field, St Erme Cricket Club, TR4 9JQ**

* Assistance funding available for children eligible for Pupil Premium bit.ly/3JTaBJ8

FOR MORE INFORMATION
www.allstarscricket.co.uk
www.dynamoscricket.co.uk



Menu

★ bit.ly/AllStarsStErme


St Erme CC
Fri 10 May - Fri 05 Jul 2024
18:30 - 19:30

Fri 9 May – Fri 4 July



 bit.ly/DynamosStErme Menu

Fri 9 May – Fri 4 July

St Erme CC
Fri 10 May - Fri 05 Jul 2024
18:30 - 20:00





Contact:
Nick Cole
T:07871743137
E:stermecricketsecretary@hotmail.com

 bit.ly/StErmeCric



Bitesize Parenting

Bitesize parenting workshops are weekly 2-hour sessions delivered by our parenting team to support on a wide range of topics. Turn over for more information about what each topic covers. Please book on by visiting www.cornwall.gov.uk/parenting

Workshop Dates:

Date	Time	Topics
Tuesday 22 nd April	09:30-11:30	Supporting Healthy Relationships
Monday 28 th April	18:00-20:00	Solihull Approach workshop for parents (ages 0-11)
Tuesday 29 th April	09:30-11:30	Solihull Approach workshop for parents (ages 0-11)
Tuesday 6 th May	09:30-11:30	Remaining Calm
Monday 12 th May	18:00-20:00	Supporting Healthy Relationships
Tuesday 13 th May	09:30-11:30	Supporting Education and School
Monday 19 th May	18:00-20:00	Technology and Safety
Tuesday 20 th May	09:30-11:30	Sibling Rivalry and Conflict
Monday 2 nd June	18:00-20:00	Praise and Rewards
Tuesday 3 rd June	09:30-11:30	Introduction to the Teenage Brain
Monday 9 th June	18:00-20:00	Remaining Calm
Tuesday 10 th June	09:30-11:30	Technology and Safety
Monday 16 th June	18:00-20:00	Special Time with your Child
Tuesday 17 th June	09:30-11:30	Supporting Healthy Relationships
Monday 23 rd June	18:00-20:00	Introduction to the Teenage Brain
Tuesday 24 th June	09:30-11:30	Solihull Approach workshop for parents (ages 0-11)
Monday 30 th June	18:00-20:00	Routines and Boundaries
Tuesday 1 st July	09:30-11:30	Special Time with your Child
Monday 7 th July	18:00-20:00	Sibling Rivalry and Conflict
Tuesday 8 th July	09:30-11:30	Praise and Rewards
Monday 14 th July	18:00-20:00	Supporting Education and School
Tuesday 15 th July	09:30-11:30	Routines and Boundaries
Monday 21 st July	18:00-20:00	Supporting Healthy Relationships
Tuesday 22 nd July	09:30-11:30	Remaining Calm

To book scan the QR code or visit:
[Bitesize Parenting Sessions \(office365.com\)](http://office365.com)





Early Help Hub

The right help
At the right time
By the right service

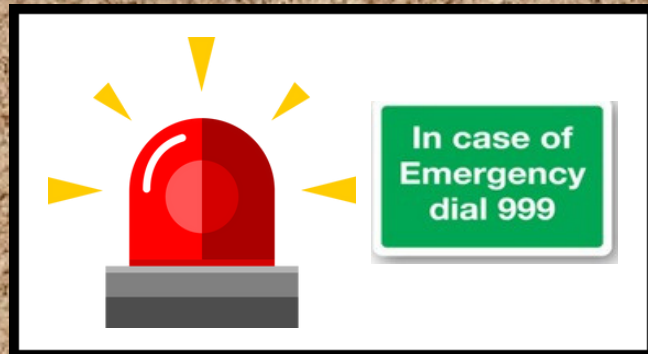
What does the Early Help Hub do?

- The Early Help Hub is the single point of access for professionals, families and young people to access Early Help Services in Cornwall
- The triage team decides which Early Help service best meets the needs identified in the request for help. It is then allocated to the appropriate service within 48 hours
- Support is provided: from pre-birth up to the age of 18, (or 25 when young people have additional needs) when the child, young person or family has needs that are not met solely by universal services

+44 01872 322277
earlyhelp@cornwall.gov.uk
www.cornwall.gov.uk/earlyhelp

The Hub is open Monday to Thursday 8.45 am to 5.15 pm and Fridays 8.45 am to 4.45 pm. The Hub is closed on Bank Holidays.

Cornwall Partnership NHS Foundation Trust NHS Together for Families in Cornwall CORNWALL COUNCIL



Are you worried about a child or young person?

If you think a child or young person might be suffering neglect or abuse contact the Multi Agency Referral Unit (MARU)

If you see something, say something

0300 1231 116
multiagencyreferralunit@cornwall.gov.uk

Whilst you may be concerned about involving our services, we do more than check up on children and young people's welfare.
If a family is struggling, we can organise early help and support for them, before any problems become harder to solve.

What information do I need to give?
The more detail you are able to provide, the better we will be able to help.
If you have noticed that something wrong, other people might have too. A teacher, health visitor or other person that knows the family might have already alerted us, and your knowledge might fill in some missing information that can help.

CORNWALL COUNCIL Together for Families

When life is tough, we're here to listen

SAMARITANS

Call us free 24/7 on
116 123
samaritans.org

Household Support Fund

www.cornwall.gov.uk/costofliving

YOUNG MINDS
The voice for young people's mental health and wellbeing

Parents Helpline: 0808 802 5544
Website: www.youngminds.org.uk
@YoungMindsUK

SAFER FUTURES Ending Abuse in Cornwall & Isles of Scilly.

In partnership with
Believe in children
Barnardo's
SAFER CORNWALL
Kernow Salwa

FIRST LIGHT

0300 777 4777
MON TO FRI: 9AM- 9PM
SAT: 9AM - 5PM

Online Safety Newsletter

May 2025

Wonderlab+

Are you looking for something fun to do online with your child? The Science Museum group have a wide array of activities, games and quizzes on their website:

<https://wonderlabplus.sciencemuseumgroup.org.uk/home>

Minecraft

Minecraft is rated as PEGI 7, meaning it is suitable for those over 7 years of age.

Minecraft is a game where players can create worlds using blocks. There are two different modes – creative and survival. In creative mode, users can build what they wish and have unlimited resources whereas in survival mode, players must gather resources, find food and defend themselves against mobs. Survival mode may include mild violence and scary characters.

You should be aware that there is a multiplayer option available where players can chat to each other. In-app purchases are also available to buy items such as skins, so ensure purchases are disabled or that a password or PIN is required to make them. Ensure appropriate parental controls are applied, on both Minecraft and the console itself. Find out more here:

<https://www.minecraft.net/en-us/article/parental-controls>

Further information

<https://parentzone.org.uk/article/minecraft>

Cyberbullying

What is cyberbullying?

Cyberbullying is a form of bullying that takes place online and can take many forms, such as sending malicious messages. Cyberbullying can happen at any time of the day, so often feels unrelenting. It can take place across many different platforms, such as on messaging apps like WhatsApp and Snapchat, on social media platforms such as Instagram and TikTok and via online games. Here are some examples of what cyberbullying can look like online:

- Sending nasty or hurtful messages
- Leaving unkind comments
- Sharing photographs of somebody else without their permission
- Excluding somebody on purpose
- Impersonating somebody with a fake account
- Telling/sharing lies
- Blackmailing

What should I do if my child is being bullied online?

If your child is being bullied, then try to stay calm and let them know that it is not their fault.

It is always useful to keep evidence of any online bullying and inform their school so

that they are aware. Show your child how to block and/or report any users/content and review their privacy settings to limit what others can see. You may also wish to review/set up any available parental controls.



Further information

There is a vast amount of information available online about cyberbullying. The following links provide further information on types of online bullying, and who you can contact if you need any further advice or support.

- <https://www.childnet.com/help-and-advice/online-bullying/>
- <https://anti-bullyingalliance.org.uk/tools-information/advice-and-support/advice-parents-and-carers/sources-information-advice-and>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.05.25. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

MENTAL HEALTH SUPPORT TEAM - MHST



Parents and Carers
Please join us for a
5 session online
workshop for
**Behaviour as
Communication**
- Parent support

Various morning and
afternoon sessions available
starting week commencing
9 June 2025 , please select
when you sign up. Please note
you will be signed up to the
same day and time for the
duration of the workshop.

This workshop provides
parents with practical
strategies to foster
positive behaviour and
communication at
home.

TO BOOK A PLACE PLEASE COMPLETE THE ONLINE FORM HERE
[HTTPS://FORMS.OFFICE.COM/E/BVHDPYUCQA](https://forms.office.com/E/BVHDPYUCQA)

OR SCAN THE QR CODE BELOW



This workshop is open to
parents/carers of
primary aged children
enrolled in Reception to
Year 6 in any school in
Cornwall



FUEL YOUR... LITTLE HEROES!



Dear parent/guardian,

As you may be aware your child's school has a milk scheme, administered by Cool Milk. Mid-morning milk provides a much-needed nutritional boost and keeps children hydrated between breakfast and lunch. Children receive free milk until the age of 5. After that, they can continue to reap the benefits of fresh mid-morning milk at a subsidised* cost.

If you'd like to opt in and have not already done so, simply register your child at www.coolmilk.com/register. Your child(ren) will continue to receive free milk whilst under the age of 5 and Cool Milk will get in touch with further information by email shortly before their 5th birthday.

For children who are already over 5, it's not too late – our scheme is flexible! As well as being able to register and make payment straight away, you can join and cancel the scheme at any time. We offer yearly, termly and half termly payment periods and a recurring payment option to give you one less thing to remember.

If you already have an online Cool Milk account for a sibling, you can manage your account, make payment and add extra children by logging in at www.coolmilk.com/parents.

Should you have any questions or need any help, send us a message at www.coolmilk.com/contact or give us a call on the number listed below – we're here to help!

Kind regards,

Cool Milk

☐ : 0800 321 3248
☐ : www.coolmilk.com



SCAN TO REGISTER

*Milk for under-5s is fully funded by DHSC via the Nursery Milk Scheme. Milk for over-5s is subsidised by Defra via the School Milk Scheme.